

# Curriculum Vita

## **PERSONAL DETAILS:**

**Name:** Zahra

**Last name:** Aliakbarzadeh Arani

**Date of Birth:** 04/02/1985

**Nationality:** Iranian

**Marital Status:** Married

**Academic Major:** MSc. In Psychiatric Nursing. PhD in Gerontology

**Academic Rank:** Assistant Professor of Gerontology

**Work Place:** Qom University of Medical Sciences, Medical Faculty

**E-mail address:** zaliakbarzade@gmail.com; zaliakbarzade@qums.ac.ir

## **ACADEMIC RECORDS:**

2017-2021:

PhD of Gerontology, Department of Gerontology, University of Social Welfare and Rehabilitation Sciences, Tehran, IRAN

2008-2010:

Master of Psychiatric Nursing, Department of Mental Health Nursing, Tehran University of Medical Sciences, Tehran, IRAN

2003-2007:

Bachelor of Nursing, Department of Nursing, Kashan University of Medical Sciences, IRAN

## **THESIS:**

### **PhD Dissertation**

“Designing and Testing a Place Attachment Model for Older Adults”.

Supervisors: Dr Nasibeh Zanjari and Dr Ahmad Delbari

### **MSc Thesis**

“Assessing the effect of Training on Social Adjustment in Mothers of Educable Mentally Retarded Children Based on Roy Adaptation Theory”.

Supervisor: Dr Taraneh Taghavi Larijani

## **AWARDS:**

- Honor Student, First Rank, MSc of Psychiatric Nursing, 2010
- Honor Student, First Rank, BS of Nursing, 2007
- First Rank in Entrance Exam to PhD of gerontology, 2017
- Member of National Foundation of Elites in Iran
- Top Teacher in Paramedical Faculty. Qom University of Medical Sciences. 2016.
- Top Nurse in Paramedical Faculty. Qom University of Medical Sciences. 2016.

- The Highest Evaluation Score from the Students' Point of View in Paramedical Faculty. Qom University of Medical Sciences. 2017.
- Top Teacher in Qom University of Medical Sciences. 2017.
- Honor Student, First Rank, PhD of gerontology, 2019
- The best research student in the country in 2021

***AREAS OF RESEARCH INTEREST:***

- Psychological Gerontology
- Social Gerontology
- Mixed Method Research
- Health & Well-Being
- Aging Environmental psychology
- Older Adults' Memory and Cognition
- Health Care of Aging

***EDUCATIONAL HISTORY:***

Faculty Member in Kashan. 2010- 2012  
 Faculty Member in Qom. 2012- Present  
 Teaching more than 200 Educational Course

***PUBLICATION;***

***SCIENTIFIC ARTICLES IN ENGLISH:***

- 1- NM Alavi, **Z Aliakbarzadeh Arani**, K Sharifi. Depression, Anxiety, Activities of Daily Living, and Quality of Life Scores in Patients Undergoing Renal Replacement Therapies. *Transplantation Proceedings* 2009; 41: 3693–3696.
- 2- T Taghavi, **Z Aliakbarzadeh Arani (Corresponding Author)**, M Khari Arani. Adaptation in Mothers of Educable Mentally Retarded Children. *Nurs Midwifery Stud* 2012; 1 (1): 41-44.
- 3- T Taghavi Larijani, F Ghadirian, **Z Aliakbarzadeh Arani**, N Sharifi, F Noghani, S Faghihzadeh. The Effect of a Psycho Educational Program for Mothers of Educable Mentally Retarded Children: Based on Roy's Adaptation Theory. *The European Journal of Social & Behavioural Sciences* 2012; 2(9): 231-249.
- 4- **Z Aliakbarzadeh Arani**, A Biderafsh, S Salmani. The Relationship of Spirituality Development and Addiction Potential among Students of Qom University of Medical Sciences. *J Relig Health* 2019; 58: 1107–1114.
- 5- **Z Aliakbarzadeh Arani**, H Asayesh, M Hajimohamadhoseini. Study of Association between Social Adjustment and Spiritual Health in Qom University of Medical Sciences Students. *Health, Spirituality and Medical Ethics* 2017; 4 (1): 28-32.
- 6- M Taghadosi, **Z Aliakbarzadeh Arani (Corresponding Author)**, HR Gilasi. Quality of Life in Patients with Ischemic Heart Disease. *Journal of Nursing and Midwifery Sciences* 2014; 1 (1): 19-26.
- 7- **Z Aliakbarzadeh Arani**, M Haji Mohammad Hoseini, L Ghanbari Afra, M Mohammadzad. The Effect of Teaching on Team-Based Learning and Group Discussion on Learning and Academic Motivation of Operating Room Students in the Technology of

- Gastrointestinal Surgery Lesson. *Journal of Nursing and Midwifery Sciences* 2019; 6 (2), 72-7.
- 8- F Hamzehi, **Z Aliakbarzadeh Arani (Corresponding Author)**, S Momenyan, Z Karimi. Knowledge, Attitude, and Practices of Medical Science Students about Tobacco Use. *Journal of Nursing and Midwifery Sciences* 2019; 6 (1): 44-9.
- 9- S Salmani, A Biderafsh, **Z Aliakbarzadeh Arani (Corresponding Author)**. The Relationship between Spiritual Development and Life Satisfaction among Students of Qom University of Medical Sciences. *Journal of religion and health* 2019: 1-8.
- 10- Z Vares, **Z Aliakbarzadeh Arani (Corresponding Author)**. Quality of Life in Diabetic Elderlies. *Journal of Nursing and Midwifery Sciences* 2016; 3(3): 27-33.
- 11- **Z Aliakbarzadeh Arani**, M Khari Arani. Evaluation of the Self-Concept of Mothers with Educable Mentally Retarded (EMR) Children. *Journal of Nursing and Midwifery Sciences* 2016; 3 (1): 23-27.
- 12- **Z Aliakbarzadeh Arani**. Self-Concept in Mothers of Educable Mentally Retarded Children *Nurs Midwifery Stud* 2016; 5 (2): e31919.
- 13- **Z Aliakbarzadeh Arani**, M Haji Mohammad Hoseini, H Fahimeh. The Correlation between Spiritual Health and Pleasure in Students of Qom University of Medical Sciences (Iran). *Health, Spirituality and Medical Ethics* 2018; 5 (1): 15-19.
- 14- M Haji Mohammad Hoseini, L Ghanbari Afra, **Z Aliakbarzadeh Arani**, M Abdi. Mental Health and Job Burnout among Pre-Hospital Emergency Care Personnel. *Health in Emergencies and Disasters* 2 (2), 89-94.
- 15- **Z Aliakbarzadeh Arani**, N Zanjari, A Delbari, M Foroughan, Gh Ghaedamini Harouni Place Attachment and Ageing: A Scoping Review. *Journal of Human Behavior in the Social Environment*.
- 16- **Z Aliakbarzadeh Arani**, N Zanjari, A Delbari, M Foroughan, Gh Ghaedamini Harouni. How Do Older Adults Define Place Attachment? A Qualitative Study. *Health Promotion Perspectives*. 2021;11(2): 186-193.
- 17- N Zanjari, G Bahrami, M Noori, **Z Aliakbarzadeh Arani (Corresponding Author)**. Factors related to the older adults' quality of life in the Middle East: A Systematic Review. *Journal of Education and Community Health*. 2021;8(2):143-158.
- 18- **Z Aliakbarzadeh Arani**, N Zanjari, A Delbari, M Foroughan, GR Ghaedamini Harouni. Neighborhood Social Capital and its Related Factors in the Coronavirus Pandemic: A sample of Iranian Older Adults. *Journal of War and Public Health*. 2021;13(2):171-7.

#### **SCIENTIFIC ARTICLES IN PERSIAN:**

- 1- N Masoudi Alavi, K Sharifi, **Z Aliakbarzadeh Arani**. Depression and Anxiety in Patients Undertaken Renal Replacement Therapy in Kashan During 2008. *Feyz Journals of Kashan University of Medical Sciences* 2008; 12 (4): 46-51.
- 2- **Z Aliakbarzadeh Arani**, T Taghavi, N Sharifi, F Noghani, S Faghihzade, M Khari Arani. Impact of Training on Social Adaptation in Mothers of Educable Mentally-Retarded Children Based on Roy Adaptation Theory. *Feyz Journals of Kashan University of Medical Sciences* 2012; 16 (2): 128-134.
- 3- H Asayesh, F Sharififard, M Mosavi, Z Taheri Kharameh, **Z Aliakbarzadeh Arani**, AR Shouri. Correlation among Academic Stress, Academic Burnout, and Academic

Performance in Nursing and Paramedic Students of Qom University of Medical Sciences, Iran. Qom University of Medical Sciences Journal 10 (7), 74-83.

4- **Z Aliakbarzadeh Arani**, HR Gilasi, M Khari Arani, AR Shouri Bidgoli, H Asayesh. The Effect of Oxygen Therapy on Postoperative Nausea and Vomiting. Journal of Urmia Nursing and Midwifery Faculty 2013; 11 (4): 252-258.

5- M Farahabadi, **Z Aliakbarzadeh Arani (Corresponding Author)**, SA Chavoshizadeh, A Barati. Investigation of Factors Affecting Musculoskeletal Disorders among Hospital Emergency Nurses of Qom University of Medical Sciences, Iran. Qom University of Medical Sciences Journal 2016; 10 (8): 54-61.

6- M Khari Arani, H Asayesh, **Z Aliakbarzadeh Arani (Corresponding Author)**, A Zareh Sarvi. Comparing Mental Health of Normal Student's Teacher with the Teachers of Exceptional Students. Journal of Urmia Nursing and Midwifery Faculty 2014; 11 (12): 955-60.

7- **Z Aliakbarzadeh Arani**, S Salmani, A Biderafsh. The Study of Relationship between Life Satisfaction and Tendency to Addiction in Students of Qom University of Medical Sciences, (Iran). Qom University of Medical Sciences Journal 2019; 13 (6), 78-86.

8- A Amiri Mehra, L Ghanbari Afra, S Ebrahim Kuchak, Z Farghadani, **Z Aliakbarzadeh Arani (Corresponding Author)**. Investigation of the Causes of Medication Errors and not Reporting it in Nurses of the Shahid Beheshti Hospital of Qom City, 2017, (Iran). Qom University of Medical Sciences Journal 2019; 13 (1): 52-60.

9- Z Farghadani, L Ghanbari Afra, **Z Aliakbarzadeh Arani (Corresponding Author)**, A Amiri Mehra, F Hamzehi. Evaluation of the Status of Clinical Education from the Perspective of Anesthesiology and Operating Room Students in Qom University of Medical Sciences, 2017,(Iran). Qom University of Medical Sciences Journal 2019; 13 (1): 49-57.

10- Z Zare Ghamari, L Ghanbari Afra, G Zand, **Z Aliakbarzadeh Arani**. Investigation of the Correlation between Psychological Empowerment and Its Components with Psychological Strain in Nurses. Qom Univ Med Sci J 2018; 12 (4): 89-99.

11- H Asayesh, H Rahmani anaraki, M Qorbani, **Z Aliakbarzade Arani (Corresponding Author)**. Effects of an Anti-Stigma Program on Components of Stigma on Patients with Mental Disorders among Nursing Students. Hakim Health System Research Journal 2016; 18 (4): 275- 281.

12- **Z Aliakbarzadeh Arani**, M Khari Arani, A Hajbagheri, F Aliakbarzadeh Arani Social Adjustment and Educable Mentally Retarded Children's Mothers. Journal of Research in Psychological Health 2013; 7 (2): 55-65.

13- N Masoudi-Alavi, K Sharifi, **Z Aliakbarzadeh Arani**. Health Status and Activities of Daily Living in Hemodialysis and Transplant Patients. Iran Journal of Nursing 2011; 23 (68): 47-53.

14- Z Vares, H Asayesh, **Z Aliakbarzade Arani (Corresponding Author)**, F Sharifi Fard. Related Factors in the Quality of Life of Diabetic Elderlies. Iranian Journal of Diabetes and Metabolism 2017; 16(5): 261-8.

15- S Beheshti, M Khari Arani, **Z Aliakbarzadeh Arani**. The Meaning and Components of Hope in Islamic Texts and Positive Psychology. Daneshvar (Raftar) / Education and Society 2011; 17 (45): 157-170.

16- L Ghanbari Afra, **Z Aliakbarzadeh Arani (Corresponding Author)**, S Salmani, Z Farghadani. The Relationship between Clinical Education Status and Academic Motivation in Students of Qom University of Medical Sciences. Research in medical education 2020; 11 (4): 3-12.

17- **Z Aliakbarzadeh Arani**, N Zanjari, A Delbari, M Foroughan, GR Ghaedamini Harouni. Design and Psychometric Evaluation of the Older Adults' Place Attachment Instrument. Salmand: Iranian Journal of Ageing 2022, 17(3): 398-415.

18- **Z Aliakbarzadeh Arani**, T Ramezani, A Hosseinpour. Assessing the Hope of Life and its Relationship with Attitudes to Aging in Different Age Groups. *Iranian Journal of Epidemiology* 2023; 19 (2):88-97.

#### **BOOK:**

Environment and older adults: In writing

#### **CONFERENCE ARTICLES:**

1 -M Khari Arani, **Z Aliakbarzade Arani**. The effect of coronary artery bypass graft preoperative education on patient's anxiety. The First International & 4th National Congress on health Education & Promotion, 16-19 May 2011. Tabriz University of Medical Sciences. Tabriz. Iran.

2 -**Z Aliakbarzadeh-Arani**, M Khari-Arani, F Aliakbarzadeh-Arani. Impact of training on social adaption in mothers of educable mentally retarded children based on Roy adaptation model. Th1 1th International Conference of Woman's Health. 14-15 June 2012. Shiraz University of Medical Sciences. Shiraz. Iran.

3 - **Z Aliakbarzadeh-Arani**, M Khari-Arani, R Mohseni, M Yadegari. Stressors in Mentally Retarded Juvenile. 5th International Conference on Child and Adolescent Psychiatry. October 2012. Tabriz University of Medical Sciences. Tabriz. Iran.

4 - **Z Aliakbarzadeh-Arani**, M Khari-Arani, AR Shouri Bidgoli. Comparison of Mental Health of Mentally Retarded Children with Mental Health of Normal Children in Kashan Schools. 6th International Congress on Child and Adolescent Psychiatry. 17 September 2013. Tabriz University of Medical Sciences. Tabriz. Iran.

5 - **Z Aliakbarzadeh-Arani**, M Khari-Arani, F Aliakbarzadeh-Arani. Improving the education of mentally retarded children. 6th International Congress on Child and Adolescent Psychiatry. 17 September 2013. Tabriz University of Medical Sciences. Tabriz. Iran.

6 - **Z Aliakbarzadeh-Arani**, M Aliakbarzadeh-Arani, M Khari-Arani. TV addiction. International Conference on Media and Health 7 August 2014. Shiraz University of Medical Sciences. Shiraz. Iran.

7 - M Aliakbarzadeh-Arani, **Z Aliakbarzadeh-Arani**, M Khari-Arani. The Role of Media Advertising in Health. International Conference on Media and Health 7 August 2014 Shiraz University of Medical Sciences. Shiraz. Iran.

8- T Taghavi Larijani, F Ghadirian, **Z Aliakbarzadeh Arani**, N Sharifi, F Noghani, S Faghihzadeh. The effect of a psycho educational program for mothers of educable mentally retarded children: Based on Roy's adaptation theory. *Education and educational psychology*. 2-5 October 2013. Antalya. Turkey.

- 9- R Mohseni, **Z Aliakbarzadeh-Arani**. The impact of environmental pollution on the incidence of childhood leukemia. 11th Congress of Iranian Society of Medical Oncology & Hematology 6 April 2012. Tehran. Iran.
- 10- R Mohseni, **Z Aliakbarzadeh-Arani**. The effect of intradialytic aerobic exercise on serum electrolyts level in hemodialysis patients with bicarbonate solution. Promotion of health and performance through sports medicine and sciences. 2- 5 may 2012. Esfahan University of Medical Sciences. Esfahan. Iran.
- 11- **Z Aliakbarzadeh-Arani**, Alavi N. Evaluation and comparison of anxiety in patients undergoing renal replacement therapy. National Seminar on Nursing and Midwifery in Chronic Diseases. 19-22 February 2012. Kermanshah University of Medical Sciences. Kermanshah. Iran. (Oral).
- 12- **Z Aliakbarzadeh-Arani**, M Khari-Arani, N Mirbagher. Medical Ethics and Research on Diseases Related to Mentally Retarded Children. 2 th Annual Congress of Medical Ethics in Heath System. 22- 24 December 2012. Esfahan University of Medical Sciences. Esfahan. Iran. (Oral)
- 13- **Z Aliakbarzade arani**, M Taghadosi, HR Gilasi. Quality of life in patients with ischemic heart diseade. Holistic Nursing Congress. 19-21 February 2013. Kashan University of Medical Sciences. Kashan. Iran. (Oral).
- 14- **Z Aliakbarzadeh-Arani**, M Khari-Arani, R Mohseni. Roy Nursing Theory and Mothers of Mentally Retarded Children. 4 th National Seminar Nurse, Midwife & Research. 14-15 December 2011. Golestan University of Medical Sciences. Golestan. Iran.
- 15- **Z Aliakbarzadeh-Arani**, R Mohseni. Factors Related to Suicidal Thoughts and Action on Conscripts. National Congress of Suicide and Related Behavior. 29 February – 2 March 2012. Zanzan University of Medical Sciences. Zanzan. Iran.
- 16- **Z Aliakbarzadeh-Arani**, R Mohseni. Suicide in children and adolescents and emergency measures. National Congress of Suicide and Related Behavior. 29 February – 2 March 2012. Zanzan University of Medical Sciences. Zanzan. Iran.
- 17- **Z Aliakbarzadeh-Arani**, M Khari-Arani. Aging and Exercises in Water. Holistic Nursing Congress. 19-21 February 2013. Kashan University of Medical Sciences. Kashan. Iran.
- 18- **Z Aliakbarzadeh-Arani**, M Ghandani Arani, AR Shouri Bidgoli. The effect of cardiac rehabilitation program on cardiovascular patients. Holistic Nursing Congress. 19-21 February 2013. Kashan University of Medical Sciences. Kashan. Iran.
- 19- **Z Aliakbarzadeh-Arani**, M Khari-Arani, R Mohseni, Z Taheri Kharameh. Affecting Factors on the Recovery of Multiple Sclerosis Patients. Holistic Nursing Congress. 19-21 February 2013. Kashan University of Medical Sciences. Kashan. Iran.
- 20- **Z Aliakbarzadeh-Arani**, M Khari-Arani, N Mirbagher. Training and Adaptation of Mothers of Educable Mentally Retarded Children. First National Conference of Community oriented Care in Chronic Diseases. 14 December 2011. Esfahan University of Medical Sciences. Esfahan. Iran.
- 21- Z Vares, **Z Aliakbarzadeh-Arani**, M Khari-Arani. The Effect of Nursing Care on Improving the Quality of Life in Patients with Diabetes. Holistic Nursing Congress. 19-21 February 2013. Kashan University of Medical Sciences. Kashan. Iran.
- 22- **Z Aliakbarzadeh-Arani**. Relationship between social adjustment and spiritual health among students of Qom University of Medical Sciences. Spiritual Health Conference. 5 January 2017. Qom University of Medical Sciences. Qom. Iran.
- 23- **Z Aliakbarzadeh-Arani**, M Hajimohamadhoseini, L Ghanbari Afra. Correlation between happiness and Spiritual Health among Students of Qom University of Medical Sciences. Spiritual Health Conference. 15-16 February 2018. Qom University of Medical Sciences. Qom. Iran.

- 24- Z Aliakbarzadeh-Arani, M Khari-Arani. The Impact of Spiritual Health on Religious Education. Spiritual Health Conference. 15-16 February 2018. Qom University of Medical Sciences. Qom. Iran.
- 25- Z Aliakbarzadeh-Arani. Complications of Spinal and Epidural Anesthesia in General Surgery. National Paramedical and Health Conference. 7-10 May 2012. Yasuj University of Medical Sciences. Yasuj. Iran.
- 26- Z Aliakbarzadeh-Arani, AR Shouri Bidgoli. M Khari-Arani. The Impact of Simulation Training and Critical Thinking Strategies on the Confidence of Operating Room Students. 14th National Congress on Medical Education. 29 April-2 May 2013. Iran. University of Medical Sciences. Tehran. Iran.
- 27- AR Shouri Bidgoli, N Mehran, Z Aliakbarzadeh-Arani. Presentation Demographic and Family Planning Lessons through E-Learning. 14th National Congress on Medical Education. 29 April-2 May 2013. Iran. University of Medical Sciences. Tehran. Iran.
- 28- Z Aliakbarzadeh-Arani, AR Shouri Bidgoli. The Effect of Music on Anxiety of Physicians, Nurses, and Residents during Surgery in Beheshti General and Heart Surgery Room in Kashan. 5th National Seminar Nurse, Midwife & Research. 12-13 December 2012. Golestan University of Medical Sciences. Golestan. Iran.
- 29- Z Aliakbarzadeh-Arani, M Khari-Arani. Divorce and its Social Damages. National congress of social pathologies. National Conference on Social Injuries. 5-8 March 2013. Esfahan. Iran.
- 30- N Mirbagher, Z Aliakbarzadeh-Arani. The Effect of foot Massage on Sleep Status of Stroke Patients. 5th National Congress of stroke. 12-14 December 2012. Esfahan. Iran.
- 31- M Farahabadi, Z Aliakbarzadeh-Arani. Investigation of Factors Affecting Musculoskeletal Disorders among Hospital Emergency Nurses of Qom University of Medical Sciences. The First Student Scientific research Conference of Medical Sciences of Qom. 22 December 2015. Qom University of Medical Sciences. Qom. Iran.
- 32- M Farahabadi, Z Aliakbarzadeh-Arani, A Saadatmand. Investigation of the incidence of pedestrian accidents with motorcycle. The First National Congress of Health Sciences Students. 24-25 December 2015. Mazandaran University of Medical Sciences. Mazandaran. Iran.
- 33- M Farahabadi, Z Aliakbarzadeh-Arani. Low back pain prevalence among nurses. The First National Congress of Health Sciences Students. 24-25 December 2015. Mazandaran University of Medical Sciences. Mazandaran. Iran.
- 34- A Barati, M Farahabadi, Z Aliakbarzadeh-Arani, SA Chavoshizadeh, F Eslamimoghadam, M Barati. Prevalence of knee joint disorders (knee pain) among emergency department nurses. . The First National Congress of Health Sciences Students. 24- 25 December 2015. Mazandaran University of Medical Sciences. Mazandaran. Iran.
- 35- N Mirbagher, P Baghaei, Z Aliakbarzadeh-Arani. The effect of the Holy Quran voice on the anxiety of patients before general surgery. Quran & Medical Sciences Congress. 26 December 2012. Mashhad University of Medical Sciences. Mashhad. Iran.
- 36- Z Taheri Kharameh, H Asayesh, AR Shouri Bidgoli, L Mohammad Gholizadeh, F Sharififard, Z Aliakbarzadeh-Arani. The Relationship between Spirituality and Spiritual Care with Mental Health of Intensive Care Nurses. The First Congress of Nursing Ethics. 25- 26 May 2013. Tehran University of Medical Sciences. Tehran. Iran.
- 37- **Z Aliakbarzadeh Arani**. Place Attachment and Ageing: A Scoping Review. 19th international congress of medical sciences (ICMS) for students & young doctors, 13th -16th May 2021, Medical University of Sofia, Bulgaria.
- 38- **Z Aliakbarzadeh Arani**, N Zanjari. Neighborhood Social Capital and its Related Factors Among Older Adults, BLM2-ICAM4, 11 September 2021, Taylor's University, Malaysia.

39- **Z Aliakbarzadeh Arani**, N Zanjari, A Delbari, M Foroughan, GR Ghaedamini Harouni. How Do Older Adults Define Place Attachment? National Conference on Urban Ethics and Culture. 17-18 February 2021. Tehran.

40- **Z Aliakbarzadeh Arani**, N Zanjari, G Bahrami, M Noori. Factors related to the older adults' quality of life in the Middle East: A Systematic Review. National Conference of Aging Health. 5-6 August 2021. Jiroft University of Medical Sciences. Iran.

### ***RESEARCH PROJECTS:***

1- Evaluation of Depression Anxiety, Health Level, and Activities of Daily Living and its Related Factors in Patients under Alternative Kidney Therapy in Kashan, 2006-2009.

2- Relationship between social adjustment and spiritual health among students of Qom University of Medical Sciences. 2015-2016.

3- The Relationship between Spiritual Attitude and Tendency to Addiction in Students of Qom University of Medical Sciences. 2016-2018.

4- Translation and Evaluation of Psychometric Properties of Religion and Spirituality Short Questionnaire in Students of Qom University of Medical Sciences. 2015.

5- Study of research interest in undergraduate students of Qom University of Medical Sciences in 2015. 2015-2016.

6- The Relationship between Psychological Empowerment, Job Involvement and Psychological Stress among Nurses in Qom Public Hospitals. 2016-2018.

7- The effect of teaching through team-based learning and group discussion on students' learning and academic motivation in the course of the digestive and endocrine surgery technology. 2017-2018.

8- Prevalence of low Back Pain (LBP) in Nurses of Nekouee Hospital in Qom University of Medical Sciences. 2015-2016.

9- Prevalence of Musculoskeletal Disorders among Emergency Ward Nurses. 2014-2015.

10 - The Causes of Medication Errors and its Effective Factors on Nursing Reporting in Nurses of Qom Shahid Beheshti Hospital in 2015. 2015-2017.

11 - Evaluation of Clinical Education from Students' Perspective and its Relationship with Academic Motivation in Qom University of Medical Sciences, 2016. 2016-2018.

12 - Survey of Knowledge, Attitude and Practice of Qom University of Medical Sciences Students about of smoking in 2017. 2017-2018.

13- Place Attachment and its Relationship to Social Capital among Older Adults. 2020-2021.

14- The survey of the attitude status of different age groups to the phenomenon of aging and its relationship with hope for life: in process



15- Developing of Care Transitions protocol in elderly and pilot implementation of it: in process

16- Design, implementation, and evaluation of intervention based on Iranian-Islamic lifestyle and its effect on components, manifestations, and risk factors of metabolic syndrome. in process.

### **SUPERVISOR OF BMS STUDENT PROJECTS:**

1 -Prevalence of low Back Pain (LBP) in Nurses of Nekouee Hospital in Qom University of Medical Sciences.2015-2016.

2 -Prevalence of Musculoskeletal Disorders among Emergency Ward Nurses. 2014-2015.

3 - The Causes of Medication Errors and its Effective Factors on Nursing Reporting in Nurses of Qom Shahid Beheshti Hospital in 2015. 2015-2017.

4 - Evaluation of Clinical Education from Students' Perspective and its Relationship with Academic Motivation in Qom University of Medical Sciences, 2016. 2016-2018.

5 - Survey of Knowledge, Attitude and Practice of Qom University of Medical Sciences Students about of smoking in 2017. 2017-2018.

### **REVIWER of RESEARCH PROJECTS AND ARTICLES:**

-Article: When Less is More: Downsizing, Sense of Place, and Well-Being in Late Life  
Journal: Journal of Environmental Psychology: Journal of Environmental Psychology

-Article: Effect of education based on BASNEF Model on Breastfeeding Maternal Self efficacy and Child Growth Parameters: Journal of Child Health Care

-Article: The Relationship between Somatization Disorder with Self-esteem, Insomnia and Paranoid Thoughts in Students: Qom University of Medical Sciences Journal

-Article: Relationship of Anxiety, Stress, and Depression with Spiritual Health in Patients with Acute Coronary Artery Disease: Qom University of Medical Sciences Journal

-Article: Validity and Reliability of the Persian Version of Johns Hopkins's Fall Risk Tool in the Elderly: Qom University of Medical Sciences Journal

-Proposal: The Effect of Peer Education on Anxiety, Stress and Depression in Elderly Residents of Qom Nursing Homes: Qom University of Medical Sciences

-Proposal: The Relationship between Islamic Lifestyle and Health Status in Students of Qom University of Medical Sciences, 2016: Qom University of Medical Sciences

-Proposal: Assessment of Elderly Mental Health and its Relation to Economic and Social Factors in Qom 2011: Qom University of Medical Sciences

-Proposal: Evaluation of Nurses' Medication Errors in Elderly Hospitalized in Shahid Beheshti Hospital of Qom in 2017: Qom University of Medical Sciences

- Proposal: Translation and Psychometric Features of the Persian Version of the Parenting Motives Questionnaire among Married Women Aged 15 to 49 in Qom City: Qom University of Medical Sciences

- Article: The role of Spiritual Capital and Sense of Psychological Connection in Predicting the Psychological Health of Elderly Women: Health, Spirituality and Medical Ethics

- Proposal: Study of the effect of contemplating in Quranic chapters on happiness and self-care of the elderly women in Tehran: Qom University of Medical Sciences

- Proposal: Evaluation of the incidence of side effects due to Covid-19 vaccination in the population over the age 65 of Qom Province in 2021: Qom University of Medical Sciences

- Proposal: Exploring the inhibiting and facilitating factors in receiving health services for the elderly and solutions: a qualitative study: Qom University of Medical Sciences

Article: Components of a good death in the older adults: a systematic review: Qom University of Medical Sciences Journal

Article: Prediction of Life Satisfaction of Elderly Tourists based on Spiritual Experience and Hope: Health, Spirituality and Medical Ethics

#### **OTHER ACTIVITIES :**

Scientific Secretary of Mental Health Promotion Seminar. Kashan University of Medical Sciences. 2011.

Referees Committee at the Promoting Mental Health in the Community Seminar. Kashan University of Medical Sciences. 2011.

Executive Management at the Workshop of Sutures and Surgical Nodes. Kashan University of Medical Sciences 2011.

Member of Evaluation Committee of Educational Development Office (EDO) in School of Nursing, Kashan University of Medical Sciences. 2012.

Member of Curriculum Committee of Educational Development Office (EDO) in School of Nursing, Kashan University of Medical Sciences. 2012.

Presiding the Operating Room research Findings Student Seminar. Kashan University of Medical Sciences. 2012.

Scientific Secretary of Operating Room research Findings Student Seminar. Kashan University of Medical Sciences. 2012.

Member of Research Council of Paramedical Faculty. Qom University of Medical Sciences. 2012-2014.

Member of the Educational Council of Paramedical Faculty. Qom University of Medical Sciences. 2012-2014 and 2015-2017.

The Head of Operating Room Department. 2012-2014 and 2015-2017.

Educational Supervisor of undergraduate students. Qom University of Medical Sciences. 2012-2017 .

Member of Research Council of Health and Religious Research Center. Qom University of Medical Sciences. 2015-2016.

Head of EDO. Paramedical Faculty. Qom University of Medical Sciences. 2015-2017.

Executive Management at the Workshop of Run the Class Elegances. Qom University of Medical Sciences. 2016 .

Executive Management at the Workshop of Active Patterns Workshop. Qom University of Medical Sciences. 2016.

Member of the Faculty Empowerment Committee of Educational Development Office (EDO). Paramedical Faculty. Qom University of Medical Sciences. 2016.

Member of the Educational Program Committee of Educational Development Office (EDO). Paramedical Faculty. Qom University of Medical Sciences. 2016.

Member of Evaluation Committee of Educational Development Office (EDO). Paramedical Faculty. Qom University of Medical Sciences. 2016.

Responsible for setting up a Master's Degree of Aging Health. Health Faculty. Qom University of Medical Sciences. 2019-present.

Executive staff in World Elderly Day Commemoration. Milad Tower. Tehran. 2019.

Director of Gerontology Department

Responsible of Medical School's EDO

### ***LANGUAGE PROFICIENCY***

- Persian
- English

### ***SOFTWARES SKILLS:***

- SPSS
- AMOS
- MAXQDA
- MICROSOFT OFFICE

کسب جوایز فرهنگی (دانشگاهی ، کشوری ، بین المللی) موضوع بند ۷ ماده یک: (فعالیت‌های فرهنگی ، تربیتی ، اجتماعی) اعضای هیات علمی آموزشی و پژوهشی

ردیف	عنوان	نوع	مرجع اهدا کننده			امتیاز	ملاحظات	اسامی همکاران به ترتیب اولویت
			دانشگاهی	کشوری	بین المللی			
۱	رتبه اول رشته تحقیق ( قرائت قرآن) شانزدهمین جشنواره قران و عترت		*					
۲	رتبه پنجم کشوری رشته تحقیق ( قرائت قرآن) مرحله نهایی شانزدهمین جشنواره قران و عترت			*			تقدیرنامه از معاون وزیر	
۳	تقدیر جهت ارائه مقاله در بخش پژوهشی شانزدهمین جشنواره قرآن و عترت		*					
۴	رتبه دوم جشنواره کشوری حجاب زینت آفرینش در موضوع مقاله و پژوهش			*				
۵	رتبه اول رشته قرائت قرآن کریم و راهیابی به هجدهمین جشنواره قرآن و عترت دانشگاه هایی علوم پزشکی		*					
۶	رتبه سوم رشته ترتیل بیستمین جشنواره قران و عترت		*					
۷	رتبه دوم رشته ترجمه و مفردات بیستمین جشنواره قران و عترت دانشگاه هایی علوم پزشکی		*					
۸	رتبه اول رشته احکام بیستمین جشنواره قران و عترت دانشگاه هایی علوم پزشکی		*					
۹	رتبه اول مسابقه ضیافت آیات سلامت		*					
۱۰	رتبه اول مقاله نویسی جشنواره فرهنگی هنری اساتید و کارکنان دانشگاه (یادمان شهید آوینی)		*					
۱۱	تقدیر جهت شرکت در نخستین فراخوان علمی تخصصی تربیت			*			تقدیر نامه از معاون وزیر	
۱۲	رتبه اول رشته مفاهیم نهج البلاغه در بخش کتبی بیست و یکمین جشنواره قرآن و عترت دانشگاه هایی علوم پزشکی		*					

					*		رتبه اول رشته قرائت ترتیل در بخش شفاهی بیست و یکمین جشنواره قرآن و عزت دانشگاه های علوم پزشکی	۱۳
جمع امتیازات قابل محاسبه: ۸								
	امضاء و مهر تأیید کمیسیون تخصصی موضوع ماده یک:		امضاء عضو هیئت علمی :					

شرکت در کارگاههای دانش افزایی و توانمند سازی موضوع بند ۹ ماده یک (فعالیت‌های فرهنگی ، تربیتی ، اجتماعی)اعضای هیات علمی آموزشی و پژوهشی

ردیف	نام دوره	محل برگزاری	شماره مجوز		تاریخ انجام فعالیت		مدت برای بندهای ۷ و ۸ و ۹ بر حسب ساعت	امتیاز
			شماره	تاریخ	از تاریخ	تا تاریخ		
۱	طرح ضیافت اندیشه استادان با موضوع « آداب تعلیم و تربیت در اسلام» و « اندیشه سیاسی در اسلام»	دانشگاه علوم پزشکی کاشان	۹۹۹۶۴	۱۳۹۰/۵/۲۴			۳۰	
۲	کارگاه بصیرت با موضوع « تلاوت ولایت»	دانشگاه علوم پزشکی کاشان	۱-۲۹/۴/۲۴۳۰-پ	۱۳۹۰/۸/۲۹	۱۳۹۰/۸/۲۹	۱۳۹۰/۸/۲۹	۲	
۳	هم اندیشی اساتید دانشکده پرستاری و مامایی	دانشگاه علوم پزشکی کاشان	۲۹/۱/۲۴/۴۲۵پ	۱۳۹۰/۱۱/۱	۱۳۹۰/۱۰/۲۷	۱۳۹۰/۱۰/۲۷	۳	
۴	اندیشه سیاسی اسلام	دانشگاه علوم پزشکی کاشان	۲۹/۱/۲۴/۵۳۹پ	۱۳۹۰/۱۲/۲۳	۱۳۹۰/۱۰/۲۹ و ۱۳۹۰/۱۱/۶	۱۳۹۰/۱۰/۲۹ و ۱۳۹۰/۱۱/۶	۸	
۵	هم اندیشی اساتید و نخبگان دانشگاه علوم پزشکی کاشان	دانشگاه علوم پزشکی کاشان	۲۹/۱/۲۴/۱۹۷پ	۱۳۹۱/۴/۲۵	۱۳۹۱/۴/۲	۱۳۹۱/۴/۲	۵	
۶	طرح ضیافت اندیشه اساتید	دانشگاه علوم پزشکی کاشان	۲۹/۲/۱/۴۱۵۷پ	۱۳۹۱/۵/۱۴			۴۰	
۷	شرکت در کارگاه مهارت های تلاوت در حاشیه هجدهمین جشنواره قرآنی، اساتید، کارکنان و دانشجویان علوم پزشکی کشور	دانشگاه علوم پزشکی قم	۱۲۲/۲۸۰۱/د	۱۳۹۲/۵/۲۵	۱۳۹۲/۵/۲۵	۱۳۹۲/۵/۲۵	۶	
۸	مفاهیم و الگوهای جدید خودمراقبتی از منظر طب سنتی و اسلامی	دانشگاه علوم پزشکی قم	-	۱۳۹۳/۳/۲۷	۱۳۹۳/۳/۲۲	۱۳۹۳/۳/۲۲	۳	
۹	نشست هم اندیشی اساتید با موضوع راهکارهای انس با نماز و معنویت در دانشگاه	حوزه ریاست دانشگاه	۷۹۲۷/د	۹۴/۵/۱۳	۹۴/۲/۲۸	۹۴/۲/۲۸	۴	

۱۰	اخلاق حرفه ای (سطح یک)	مشهد مقدس	د/۸۶۶۷	۹۴/۵/۲۶	۹۴/۴/۲۷	۹۴/۵/۱	۱۶
۱۱	مدیریت زمان	مشهد مقدس	د/۸۷۷۳	۹۴/۵/۲۷	۹۴/۵/۱	۹۴/۵/۱	۲
۱۲	استحکام بنیاد خانواده	مشهد مقدس	د/۸۷۷۳	۹۴/۵/۲۷	۹۴/۴/۳۱	۹۴/۴/۳۱	۲
۱۳	انتقال تجارب تدریس و شاگرد پروری	ستاد دانشگاه	د/۱۱۱۵۶	۹۴/۷/۳	۹۴/۶/۲۵	۹۴/۶/۲۵	۳
۱۴	تعلیم و تربیت اسلامی (۱)	ستاد دانشگاه	د/۱۵۵۶۴	۹۴/۹/۱۳	مهر و آبان ۱۳۹۴		۵
۱۵	شرکت در همایش ملی سلامت معنوی	مرکز فقهی ائمه اطهار قم		۹۴/۱۰/۲۳	۹۴/۱۰/۲۴		۵
۱۶	اخلاق کاربردی	ستاد دانشگاه	د/۱۰۸۴۵	۹۵/۶/۹	۹۵/۲/۱	۹۵/۲/۱	۳
۱۷	چیستی و مولفه های الگوی دین شناخت سبک زندگی	ستاد دانشگاه	پ/۳۴/۳۲/۱	۹۵/۳/۹	۹۵/۳/۵	۹۵/۳/۵	۴
۱۸	اصول و روش های مراقبت معنوی	ستاد دانشگاه	د/۳۲/۱۴۹	۹۵/۶/۱۱	۹۵/۵/۱۳	۹۵/۵/۱۳	۴
۱۹	تاریخ معاصر	ستاد دانشگاه	د/۱۳۹۴۱	۹۵/۷/۲۷	۱۳۹۵/۷/۸	۱۳۹۵/۷/۸	۴
۲۰	شرکت در همایش سلامت معنوی	سالن همایش های غدیر قم	د/۱۹۸۹۰	۹۵/۱۰/۱۶	۹۵/۱۰/۲۱	۹۵/۱۰/۲۲	۵
							جمع ساعت: ۱۰۹
							جمع امتیازات قابل محاسبه: ۸
۲۱	کارگاه دانش افزایی سبک زندگی	دهکده وسف (قم)	د/۱۴۱۰۱	۹۷/۰۷/۲۷	۹۷/۰۵/۲۸	۹۷/۰۵/۲۹	
۲۲	نشست هم اندیشی چالش های فرهنگی	دانشگاه علوم پزشکی قم	د/۱۵۹۷۰	۹۷/۰۸/۱۵	مهرماه ۱۳۹۷	مهرماه ۱۳۹۷	
۲۳	نشست هم اندیشی مهارت های ارتباطی و تربیتی	دانشگاه علوم پزشکی قم	د/۱۵۹۰۲	۹۷/۰۸/۱۵	مهرماه ۱۳۹۷	مهرماه ۱۳۹۷	
۲۴	کارگاه دانش افزایی معرفت شناسی دینی	دانشگاه علوم پزشکی قم	پ/۳۴/۱۸۷۱۸	۹۶/۱۱/۰۲	دی ماه ۹۶	دی ماه ۹۶	

۲۵	شرکت در همایش سلامت معنوی	سالن همایش های غدیر قم	د/۲۲۷۷۳	۹۶/۱۲/۰۷	۹۶/۱۱/۲۶	۹۶/۱۱/۲۷
۲۶	کارگاه دانش افزایی سبک زندگی	مجتمع، آموزشی، فرهنگی و ورزشی خزرباد ساری	د/۲۷۸۶۳	۹۸/۰۸/۲۱	۹۸/۰۸/۱۳	۹۸/۰۸/۱۶
۲۷	نشست هم اندیشی سبک زندگی	سالن امام علی دانشگاه ع پ قم	د/۳۰۱۶۰	۹۸/۰۹/۰۹	۹۸/۰۵/۲۶	۹۸/۰۵/۲۶
۲۸	نشست استانی اجرای قانون حمایت از خانواده و جوانی جمعیت	مجتمع پردیس دانشگاه علوم پزشکی قم	پ/۳۴/۲/۵۴۰۴	۱۴۰۰/۱۱/۵	۱۴۰۰/۱۰/۲۶	۱۴۰۰/۱۰/۲۶
امضاء عضو هیئت علمی :						
امضاء و مهر تأیید کمیته تخصصی موضوع ماده یک:						

• ماده ۳ آئین نامه طرح دانش افزایی و توانمند سازی اعضای هیات علمی گواهی ها پیوست می باشد.